



ANNUAL REPORT 2015



A Message from the President & the Executive Director

A lot has happened at Tobias House over the past year, our 23rd, and we would like to share with you some of the highlights:

- Successfully continued to provide care to our 44 consumers
- Submitted to the Ministry of Economic Development, Employment and Infrastructure and posted on our Website the Customer Service Plan and the Multi-Year Accessibility Plan, thus meeting all our Accessibility for Ontarians with Disabilities Act (AODA) compliance requirements
- Negotiated a three (3) year Collective Agreement with Unifor
- Held our 6th Abuse Prevention Training Event, “No Excuse for Any Abuse”- approximately 56 ILAs and 8 members of the management team attended the training
- Continued discussions on integration with other service providers supported by the TC LHIN
- Updated two apartment units, and also welcomed three new consumers
- Developed a comprehensive Tobias House Emergency Management Plan to ensure that our consumers will continue receiving their services with as little disruption as possible. This plan addresses all major emergency situations.

Thank you to our staff, volunteers, and directors for their dedication and hard work over the past year. We are looking forward to another successful year.

David Meadows
President, Board of Directors

Yona Frishman
Executive Director

RESOURCE CENTRE ACTIVITIES

Let the Numbers Tell the Story

Total number of individual consumers served	135	Total number of contacts with agencies / workers / resources to assist consumers	2,512
Total number of requests made by consumers for assistance	205	Total number of hours spent providing service added up for all consumers	5,011
Total number of contacts with consumers (initial, follow up, etc.)	4,251		

Programs and Activities

Program	Partners / Providers / Activities	Events/ Recreational Opportunities
Tobias House Fitness Program	Consumers participate in a variety of exercises under the guidance of an instructor	218 - one-hour long fitness sessions
Barrier Free Access To Swimming Program	City of Toronto – Parks, Forestry and Recreation, Birchmount Bluffs Neighborhood Centre, Ontario March of Dimes, Bellwoods Centres for Community Living, Scadding Court Community Centre	728 - (40 minute) swimming sessions, totaling 485 hours of swim time at four city public pools: Douglas Snow Aquatic Centre, Birchmount Community Centre, Scadding Court Community Centre and Wallace Emerson Centre
Workshops	Just Believe Seminars / Travelling with a Disability; Dream Big	12 - participants
Volunteer Program	Dedicated volunteers provided Tobias consumers with companionship, shopping, computer, and other support.	14 - consumers benefitted
Tobias House Consumer Grant Program	Covers quality of life expenses and complements government equipment funding	18 - requests adding to a total of \$5,276

A LOOK AT TORONTO CENTRAL LHIN'S STRATEGIC PLAN

Toronto Central LHIN is taking a population health approach to improving the health of our city. This will involve working with our providers to continue building a world class health care system that will benefit all those receiving health care. This plan will also include strategies to divide the population into sub-groups (or subpopulations) so that we can better reach and more effectively serve all those who may need care. By moving to a population health approach for planning, we will be in a better position to fulfill our core commitment of serving everyone and serving them well.

As we seek to broaden our reach across and within communities, we will work to ensure that the individual experience of each patient is as seamless, respectful and meaningful as possible. Our efforts will focus on ensuring that system design and service delivery are responsive to the needs of patients and their families, and grounded in and informed by their perspectives. We will also prioritize timely access to quality care in the community, as close to home as is appropriate.

Without losing sight of Ontario's current fiscal reality, we are committed to making disciplined and purposeful decisions about our health care dollars. By making forward thinking investments and aligning funding to desired outcomes, we will work to ensure that the communities we serve can count on the health care system to meet their needs, even as they evolve over time.

Toronto Central LHIN's strategic plan will be guided by three overarching goals:

- A Healthier Toronto
- Positive Patient Experiences
- System Sustainability

We have also adopted four strategic priorities that will guide our investments and activities to drive the reforms needed to achieve our goals:

- Designing Health Care for the Future
- Taking a Population Health Approach
- Transforming Primary Health and Community Care
- Achieving Excellence in Operations

Over the next four years, we will work in close collaboration with our local health service providers and the communities we serve with these goals and strategic priorities front of mind.

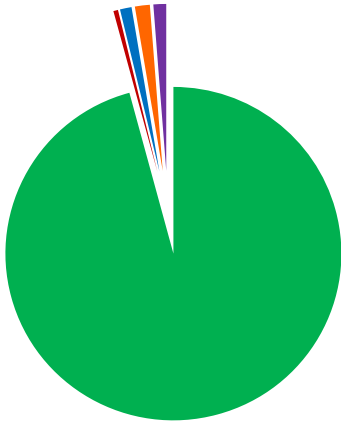
Toronto Central Local Health Integration Network (TC LHIN) – Strategic Plan 2015-2018

FINANCIAL INFORMATION

Balance Sheet

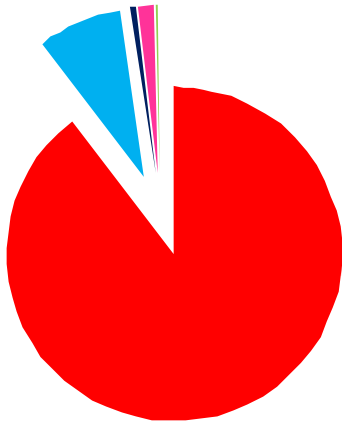
	2015	2014
Assets		
Current assets:		
Cash and cash equivalents	\$ 316,620	\$ 324,972
Accounts receivable	33,228	42,681
Prepaid expenses and deposits	49,576	51,769
	<u>399,424</u>	<u>419,422</u>
Capital assets	74,782	89,465
	<u>\$ 474,206</u>	<u>\$ 508,887</u>
Liabilities and Net Assets		
Current Liabilities:		
Accounts payable and accrued liabilities	\$ 378,694	\$ 477,110
Deferred contributions	41,445	20,951
	<u>55,412</u>	<u>58,870</u>
Deferred contributions related to capital assets	55,412	58,870
Net assets:		
Investment in capital assets	36,086	39,471
Internally restricted funds	7,467	7,467
Unrestricted	(44,898)	(94,982)
	<u>(1,345)</u>	<u>(48,044)</u>
	<u>\$ 474,206</u>	<u>\$ 508,887</u>

Statement of Revenues and Expenditures



REVENUES

MOHLTC / TC LHIN	4,724,114
INCOME FROM PSW BRIDGING PROGRAM	22,071
OUTREACH PROGRAM	55,025
DONATIONS AND FUNDRAISING (RESOURCE CENTRE ACTIVITIES)	70,688
OTHER (INCL: AMORTIZATION & INTEREST)	60,484
TOTAL	4,932,382



EXPENDITURES

SALARIES AND BENEFITS	4,374,685
ADMINISTRATION	397,663
AMORTIZATION	21,046
RENT	76,672
TRAINING	9,900
TRANSPORTATION	5,717
TOTAL	4,885,683

Keep on Swimming 2014-15

The generosity of our donors in making our “ask” fundraising campaign **Keep on Swimming 2014 -15** a great success was much appreciated. Donor contributions go a long way to make it possible for our consumers to have an improved quality of life, greater choices and an independent lifestyle so often denied from persons with physical disabilities. Below we provide a breakdown of how the funds raised contributed directly to programs for consumers and how consumers benefit.

Barrier Free Access to Swimming Program provides attendant care staff and equipment for accessible swimming at four City of Toronto swimming pools.

Benefits

“It provides you with everything you need to be and feel independent in going out and swimming.”

“There is no other program like this in the city. If I had to provide my own attendant I wouldn't be able to go swimming.”

“Swimming in a warm pool helps relieve my muscle stiffness and pain. It strengthens and tones my muscles. I lost weight and felt better about myself.”

Tobias Fitness Program provides weekly one-hour exercise classes. The program is offered at our Coxwell site.

Benefits

“I have dealt with the physical challenges that come with Parkinson's for a long time, but participating in a fitness program like this one helps me stay active, keeps my energy levels up, and contributes greatly to the healthier lifestyle that I am striving for.”

“Since I started, I have noticed that there is a progressing benefit to these fitness classes. I feel stronger than I did before the program.”

Tobias House Grant Program for Consumers provides grants to consumers to cover quality of life expenses and complementary funding for the purchase of assistive devices when government funding provides partial payments.

Benefits

Our consumers were able to cover costs for equipment repairs, complementary funding for assistive devices, textbooks, travel, conference fees and related expenses, home maintenance, medical and swimming supplies totaling \$5,276

A THANK YOU TO OUR DONORS

Patrons (\$5,000+)

Robert Blakely, CitiBank Canada, Zev Frishman, GreenField Specialty Alcohols

Benefactors (\$1000-\$4,999)

Sue Cooper, Wayne Kozun, Stephen Mimee, MPIRE Real Estate, Rotary Club East York, Westmoreland Beaver Bible Class

Associates (\$250-\$999)

Helen & Gordon Armstrong, G.A. Christoff, Susan & Stewart Davidson (in memoriam), Desjardins Financial Security, Yona Frishman, Fr. Peter Knaapen, Frances MacNeil-Laflamme, Catherine Marsh, Anna Marziliano

Friends (Up to \$249)

Sal Badali, Anita Baker, Bonnie Beverley, Kenneth Bona, Susan Broad, Anne Bukovinsky, Susan Cavanagh, Gregory Coleman, Gloria Corrigan, Dave Dean, Sylvester De Melo, Judy Denheyer, Eileen Donnelly-Casey, Ahren Estabrooks, Josie Fusca, Paul Halpern, Warren Laing, The Magnes Group Inc., Neil Mercer, Margaret Newell, Joan Pape, Paula Rusak, Eleanor Shannon, Lino Sienna, Stoyles Carpentry, Andrew Tomcik, Josephine Tse, Henry Valcheff, Jon Wagner, Bernadette Walsh, Patricia Walsh, Margaret Whittaker, Fran Wise, Janet Yukish

Funders and Partners

Access Independent Living Services, Anne Johnston Health Station, Bellwoods Centres for Community Living, Birchmount Bluffs Neighborhood Centre, Centennial College, Centre for Independent Living in Toronto (CILT), City of Toronto Community Service Partnerships, City of Toronto Parks Forestry and Recreation, Ontario March of Dimes, North Yorkers for Disabled Persons, Pace Independent Living, Scadding Court Community Centre

We would like to thank the family, friends, and colleagues of Susan and Stewart Davidson for donating in their memory.

... AND THANK YOU TO ALL OUR VOLUNTEERS

TOBIAS HOUSE ATTENDANT CARE INC.

The Board

The Executive

David Meadows, *President*
Sue Cooper, *Vice-President*
Anna Marziliano, *Treasurer*
Secretary: vacant

Members at Large

Christie Ladner
Frances MacNeil-Laflamme
Gaurav Marwaha
Neil Mercer

Management

Yona Frishman	<i>Executive Director</i>
Andrew Jardine	<i>Senior Human Resources Manager</i>
Karen Shea	<i>Finance and IS Manager</i>
Constantine Iliopoulos	<i>Resource Centre & Consumer Service Manager</i>
Shannon Crawford	<i>Site Manager</i>
Betsy de Boer	<i>Site Manager</i>
Kiros Hiwot	<i>Site Manager</i>
Veronika Spirkova	<i>Human Resource Generalist</i>
Sonali Kombala	<i>Scheduling & Administrative Coordinator</i>

TOBIAS HOUSE ATTENDANT CARE INC.

Locations

Carlton Street Staff Office

84 Carlton Street, Main Floor
Toronto, ON M5B 2P4
Phone: 416-921-0929

Coxwell Avenue Staff Office

511-695 Coxwell Ave
Toronto, ON M4C 5R6
Phone: 416-690-3185 x 231

Head Office

611-695 Coxwell Ave
Toronto, ON M4C 5R6
Phone: 416-690-3185

Tobias House

Resource Centre

600-695 Coxwell Ave
Toronto, ON M4C 5R6
Phone: 416-690-8804

Jarvis Street Staff Office

460 Jarvis Street, 4th Floor
Toronto, ON M4Y 2G8
Phone: 416-921-1857

“To create opportunities for independence and choice of lifestyle by providing innovative 24-hour personal support services for individuals with physical disabilities.”

Our Mission Statement

**Funding support for Tobias House
provided by**



Website: www.tobiashouse.ca

Email: info@tobiashouse.ca

Charitable #: 13192 3286 RR0001

Design and Coordination: Yona Frishman, Constantine Iliopoulos, Anthony Castaneda

The information and the views expressed in this document are those of Tobias House and do not necessarily reflect those of the LHIN or the Government of Ontario.