



*TOBIAS HOUSE ATTENDANT CARE INC.*  
**ANNUAL REPORT 2014**



# *A Message from the President & the Executive Director*

Some of the highlights of the past year are:

- We successfully provided care to our 45 consumers
- Provided a two-day comprehensive training on Personal Support Worker (PSW) Special Functions and Medication to all front-line staff
- Held our 5<sup>th</sup> Abuse Prevention Conference “No Excuse for Any Abuse” approximately - 42 front-line employees and 7 members of the management team attended the event
- Signed our 2014 - 2017 Multi-Sector Service Accountability Agreement (MSAA) with the TC LHIN
- Redesigned and re-launched the Tobias House website. Check it out @ [www.tobiashouse.ca](http://www.tobiashouse.ca)
- Continued discussions on integration with other service providers supported by TC LHIN
- To meet the 2014 requirements of the Accessibility for Ontarian with Disabilities Act (AODA), we have submitted our year two Accessibility Compliance Report and received a confirmation report from the Ministry of Economic Development, Employment and Infrastructure - the Ministry responsible for the implementation of this Act
- The Government of Ontario in their 2014/15 budget presented a Stabilization Strategy in support of the Personal Support Worker (PSW) Workforce. As of September 1, 2014 PSW wages were increased retroactive to April 1, 2014.

We would like to thank our staff, volunteers and directors for their dedication and hard work over the past year and we are looking forward to another successful year.

*Stewart Davidson*  
**President, Board of Directors**

*Yona Frishman*  
**Executive Director**

# RESOURCE CENTRE ACTIVITIES

## Let the Numbers Tell the Story

Total number of individual consumers served	135	Total number of contacts with agencies / workers / resources to assist consumers	2227
Total number of requests made by consumers for assistance	198	Total number of hours spent providing service added up for all consumers	4621
Total number of contacts with consumer (initial, follow up, etc)	4156		

## Programs and Activities

Program	Partners / Providers / Activities	Events / Recreational Opportunities
Tobias House Fitness Program	Consumers participate in a variety of exercises under the guidance of an instructor	234 one-hour long fitness sessions
Barrier Free Access To Swimming Program	City of Toronto - Parks, Forestry and Recreation, Anne Johnston Health Station, Birchmount Bluffs Neighborhood Centre, Ontario March of Dimes, Bellwoods Centres for Community Living, Scadding Court Community Centre	728 (40 minute) swimming sessions, totaling 485 hours of swim time at four city public pools: Douglas Snow Aquatic Centre, Birchmount Community Centre, Scadding Court Community Centre and Wallace Emerson Centre
Volunteer Program	Dedicated volunteers provided Tobias consumers with companionship, shopping, computer, and other support.	11 consumers benefitted
Tobias House Consumer Grant Program	Covers quality of life expenses and complements government equipment funding	27 requests adding to a total of \$5,701

# AGING WITH A DISABILITY: WHAT'S IT LIKE?

People living with lifelong disabilities are now living longer than expected, and are now embarking upon another life transition - the aging process. They should be able to do so with dignity; this includes having access to all information and resources, having the choice of living at home with appropriate supports and services versus living in long term care facilities, accessing educational programs on health and nutrition, fitness programs and those designed to decrease social isolation as it relates to aging with a disability.

In the past getting older was a not as large of an issue for people with disabilities as it is now, so how well will we live as we age? Now, people with disabilities are asking questions about the quality of our living and the quality of our aging. It is important that we keep ourselves as informed as possible on wellness, self care, health care, exercise and advocacy.

Secondary medical conditions such as respiratory illness, renal failure, accidents, infections, and depression, coupled with a general lack of adequate primary medical care, prevented most persons from experiencing their true life expectancy.

The “AGING WITH A DISABILITY WORKING GROUP” is comprised of consumers and representatives from the cross-disability community who want to be able to anticipate the type, severity and course of age-associated changes focusing on experiences of aging. Through a consumer approach, we want to help identify what to expect, what preventative steps can be taken to ease the effects of aging on disability, how to translate living longer into living better and actively, how to prevent losing our achieved independence, and what to do to delay new conditions and increasing disability. We want to support aging consumers in mitigating risk factors (including effective use of assistive technology), accessing helpful resources that will offer knowledgeable review, assessment and intervention, and find options and choices regarding fitness, physical, social and financial options.

We intend to produce and promote change in civil society including government to integrate improvements and implementation of supports and services to ease the aging process for persons living with disabilities. This will be done through conducting a literature review of existing research, conducting consumer and service provider surveys, and raising awareness with a view to develop an action plan. The project has received Ontario Trillium Foundation funding and is currently conducting focus groups with up to 200 people with physical disabilities as part of the next phase of the project.

## **The Aging With A Disability Working Group members:**

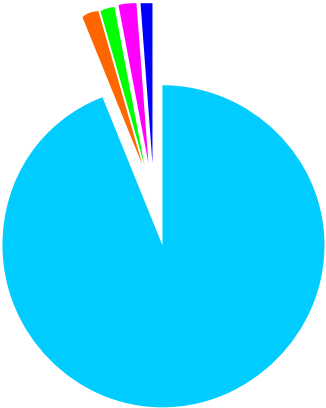
Centre for Independent Living in Toronto (CILT), Access Independent Living Services, Anne Johnston Health Station, ARCH Disability Law Centre, SCI Ontario, Huntington Society, MS Society, Muscular Dystrophy Canada (MDC), North Yorkers for Disabled Persons (NYDP), Ontario Federation for Cerebral Palsy (OFCP) & Tobias House Attendant Care

# FINANCIAL INFORMATION

## Balance Sheet

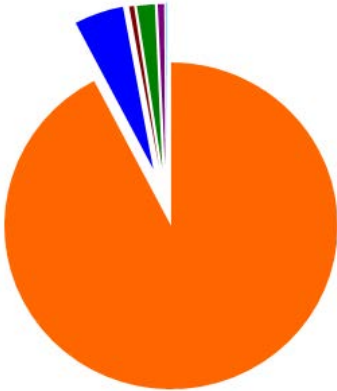
	2014	2013
<b>Assets</b>		
Current assets:		
Cash and cash equivalents	\$ 324,972	\$ 157,978
Accounts receivable	42,681	27,577
Prepaid expenses and deposits	51,769	51,221
	<u>419,422</u>	<u>236,776</u>
Capital assets	89,465	73,549
	<u>\$ 508,887</u>	<u>\$ 310,325</u>
<b>Liabilities and Net Assets</b>		
Current Liabilities:		
Accounts payable and accrued liabilities	\$ 477,110	\$ 185,873
Deferred contributions	20,951	166,967
	<u>498,061</u>	<u>352,840</u>
Deferred contributions related to capital assets	58,870	39,317
Net assets:		
Investment in capital assets	39,471	43,135
Internally restricted funds	7,467	13,367
Unrestricted	(94,982)	(138,334)
	<u>(48,044)</u>	<u>(81,832)</u>
	<u>\$ 508,887</u>	<u>\$ 310,325</u>

# Statement of Revenues and Expenditures



## REVENUES

<b>MOHLTC / TC LHIN</b>	<b>4,307,663</b>
<b>INCOME FROM PSW BRIDGING PROGRAM</b>	<b>75,156</b>
<b>OUTREACH PROGRAM</b>	<b>63,141</b>
<b>DONATIONS AND FUNDRAISING (RESOURCE CENTRE ACTIVITIES)</b>	<b>90,607</b>
<b>OTHER (INCL: AMORTIZATION &amp; INTEREST)</b>	<b>49,260</b>
<b>TOTAL</b>	<b>4,585,827</b>



## EXPENDITURES

<b>SALARIES AND BENEFITS</b>	<b>4,203,904</b>
<b>ADMINISTRATION</b>	<b>216,876</b>
<b>AMORTIZATION</b>	<b>20,991</b>
<b>RENT</b>	<b>78,074</b>
<b>TRAINING</b>	<b>28,286</b>
<b>TRANSPORTATION</b>	<b>3,908</b>
<b>TOTAL</b>	<b>4,552,039</b>

# *Keep on Swimming 2013-14*

The generosity of our donors in making our “ask” fundraising campaign **Keep on Swimming 2013-14** a great success was much appreciated. Donor contributions go a long way to make it possible for our consumers to have an improved quality of life, greater choices and an independent lifestyle so often denied from persons with physical disabilities. Below we provide a breakdown of how the funds raised contributed directly to programs for consumers and how consumers benefit.

The *Barrier Free Access to Swimming Program* provides attendant care staff and equipment for accessible swimming at four City of Toronto swimming pools.

## *Benefits*

- ◆ If it was not for this program I would never be able to swim again
- ◆ I was able to take my first steps in the water
- ◆ Better circulation; swelling reduction; increase strength and range of motion.
- ◆ Reduces pain in my back and neck. Creates opportunities. There are not many.
- ◆ Stay fit. Swimming is one of the few things I can do.
- ◆ I feel better; helps with my MS.

The *Tobias Fitness Program* provides weekly one-hour exercise classes. The program is offered at our Coxwell site.

## *Benefits*

- ◆ A fitness centre is not an option for many people with physical disabilities
- ◆ The facilitator is patient, empathetic, polite
- ◆ My back is straighter
- ◆ Gets participants helping each other
- ◆ It gets people out of their home
- ◆ I am building up more strength which allows me to be more independent; gave me more confidence.
- ◆ Loved it. Motivated me to continue with stretches and exercises everyday.

The *Tobias House Grant Program for Consumers* provides grants to consumers to cover quality of life expenses and complementary funding for the purchase of assistive devices when government funding provides partial payments.

## *Benefits*

- ◆ Our consumers were able to cover costs for equipment repairs, complementary funding for assistive devices, textbooks, travel, conference fees and related expenses, home maintenance, medical and swimming supplies totalling \$5,701.



# A THANK YOU TO OUR DONORS

## Patrons (\$5,000+)

Robert Blakely, CitiBank Canada, Zev Frishman, Greenfield Ethanol Inc.

## Benefactors (\$1000-\$4,999)

Sue Cooper, Wayne Kozun, Stephen Mimee, MPIRE Real Estate, Rotary Club East York, Westmoreland Beaver Bible Class

## Associates (\$250-\$999)

Helen & Gordon Armstrong, G.A. Christoff, Susan & Stewart Davidson, Desjardins Financial Security, Yona Frishman, Fr. Peter Knaapen, Frances MacNeil-Laflamme, Catherine Marsh, Anna Marziliano

## Friends (Up to \$249)

Sal Badali, Anita Baker, Bonnie Beverley, Kenneth Bona, Susan Broad, Anne Bukovinsky, Susan Cavanagh, Gregory Coleman, Gloria Corrigan, Dave Dean, Sylvester De Melo, Judy Denheyer, Eileen Donnelly-Casey, Ahren Estabrooks, Josie Fusca, Paul Halpern, Warren Laing, The Magnes Group Inc., Neil Mercer, Margaret Newell, Joan Pape, Paula Rusak, Eleanor Shannon, Lino Sienna, Stoyles Carpentry, Andrew Tomcik, Josephine Tse, Henry Valcheff, Jon Wagner, Bernadette Walsh, Patricia Walsh,

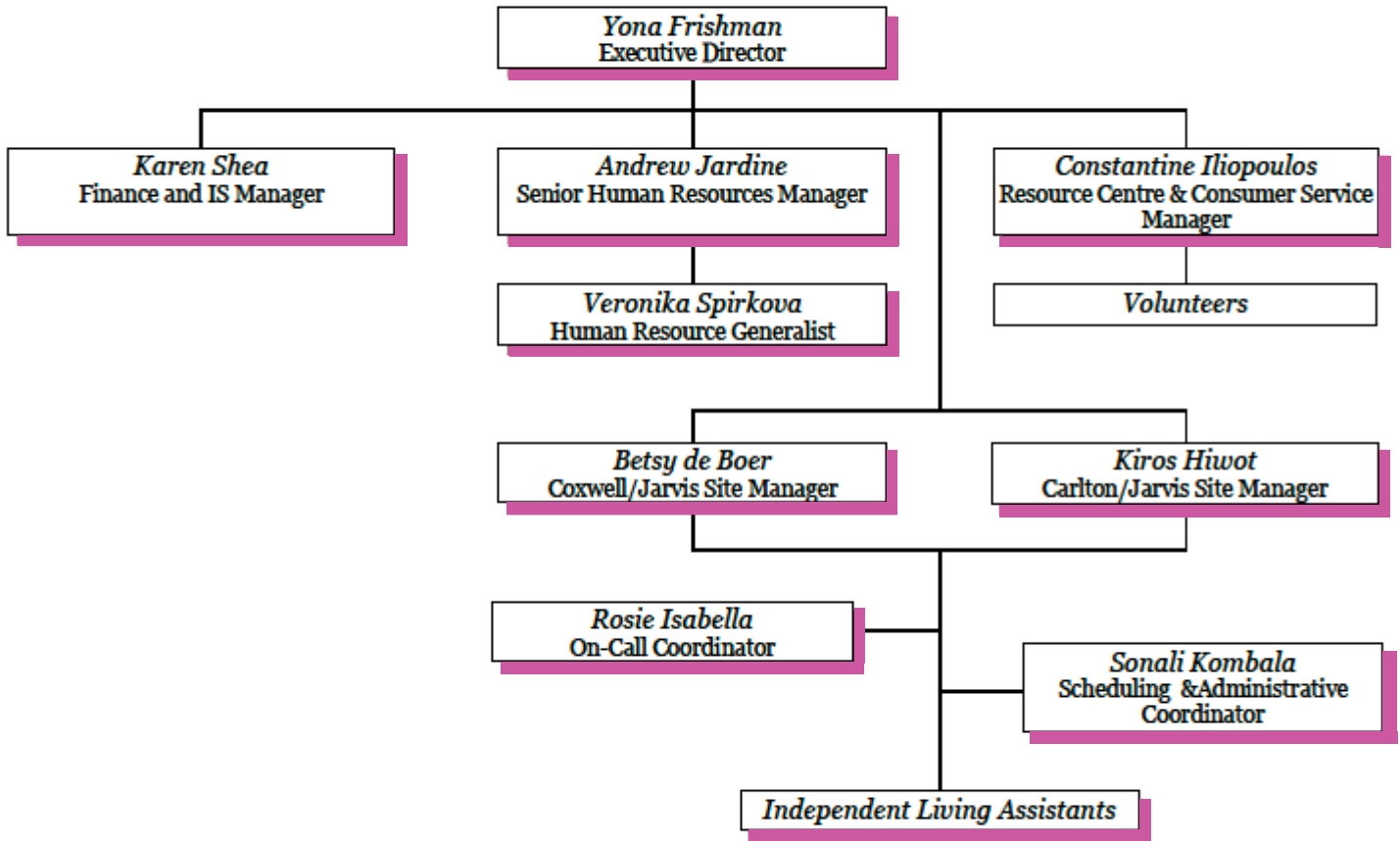
## Funders and Partners

Access Independent Living Services, Anne Johnston Health Station, Bellwoods Centres for Community Living, Birchmount Bluffs Neighborhood Centre, Centennial College, Centre for Independent Living in Toronto (CILT), City of Toronto Community Service Partnerships, City of Toronto Parks Forestry and Recreation, Ontario March of Dimes, North Yorkers for Disabled Persons, Pace Independent Living, Scadding Court Community Centre

... AND THANK YOU TO ALL OUR VOLUNTEERS

# TOBIAS HOUSE ATTENDANT CARE INC.

## Organizational Chart



# GOVERNANCE

## The Board

### The Executive

Stewart Davidson, President  
Frances MacNeil-Laflamme, Vice-President  
Anna Marziliano, Treasurer  
Sue Cooper, Secretary

### Members at Large:

Friar Reto Davatz  
Christie Ladner  
Gaurav Marwaha  
Neil Mercer  
Andrew Tomcik

## Locations

### Carlton Street Staff Office

84 Carlton Street, Main Floor  
Toronto, ON M5B 2P4  
Phone: 416-921-0929

### Tobias House

#### Resource Centre

600-695 Coxwell Ave  
Toronto, ON M4C 5R6  
Phone: 416-690-8804

### Head Office

611-695 Coxwell Ave  
Toronto, ON M4C 5R6  
Phone: 416-690-3185

### Coxwell Avenue Staff Office

511-695 Coxwell Ave  
Toronto, ON M4C 5R6  
Phone: 416-690-3185 x 231

### Jarvis Street Staff Office

460 Jarvis Street, 4th Floor  
Toronto, ON  
M4Y 2G8  
Phone: 416-921-1857

*“To create opportunities for independence and choice of lifestyle by providing innovative 24-hour personal support services for individuals with physical disabilities.”*

## Our Mission Statement

Funding support for Tobias House  
provided by



**Website:** [www.tobiashouse.ca](http://www.tobiashouse.ca)

**Email:** [info@tobiashouse.ca](mailto:info@tobiashouse.ca)

**Charitable #:** 13192 3286 RR0001

**Design and Coordination:** Yona Frishman, Anthony Castaneda, Constantine Iliopoulos

The information and the views expressed in this document are those of Tobias House and do not necessarily reflect those of the LHIN or the Government of Ontario.