



Annual Report 2013

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A Message from the President & the Executive Director

We would like to share some of this year's highlights:

- ② We successfully provided care to our 42 consumers
- ② To meet the Accessibility for Ontarians with Disabilities Act (AODA) requirements - all Tobias House employees (both management and frontline) received training, as well, we complied with all other AODA requirements for 2013
- ② Held our 4th Abuse Prevention Conference "No Excuse for Any Abuse" approximately 45 employees attended the event
- ② Held a Board Retreat for the Tobias House directors; the main topics of discussion were the Board Policy Manual and Integration, the latter being one of TC LHIN's (Toronto Central Local Health Integration Network) guiding principles in achieving quality health care and future sustainability
- ② We are in the midst of preparing documentation for the renewal of our 2014 - 2017 Multi-Sector Service Accountability Agreement (M-SAA) with the TC LHIN
- ② This has also been a year of growth for Tobias House; we had been the successful organization chosen by the TC LHIN, to provide services to two new long term vented consumers

By focusing on our priorities, we ensure that Tobias House continues to provide quality services, as well as, being positioned to face the unexpected.

We would like to thank our staff, volunteers and directors for their dedication and hard work over the past year and we are looking forward to another successful year.

Stewart Davidson
President, Board of Directors

Yona Frishman
Executive Director

RESOURCE CENTRE ACTIVITIES

Let the Numbers Tell the Story

Total number of individual consumers served	135	Total number of contacts with agencies / workers / resources to assist consumers	1,825
Total number of requests made by consumers for assistance	198	Total number of hours spent providing service added up for all consumers	4247
Total number of contacts with consumer (initial, follow up, etc)	3635		

Programs and Activities

Program	Partners / Providers / Activities	Events / Recreational Opportunities
Tobias House Fitness Program	Consumers participate in a variety of exercises under the guidance of an instructor	216 one-hour long fitness sessions
Barrier Free Access To Swimming Program	City of Toronto - Parks, Forestry and Recreation, Anne Johnston Health Station, Birchmount Bluffs Neighborhood Centre, Ontario March of Dimes, Bellwoods Centres for Community Living, Scadding Court Community Centre	728 (40 minute) swimming sessions, totaling 485 hours of swim time at four city public pools: Douglas Snow Aquatic Centre, Birchmount Community Centre, Scadding Court Community Centre and Wallace Emerson Centre
Volunteer Program	Dedicated volunteers provided Tobias consumers with companionship, shopping, computer, and other support.	14 consumers benefitted
Tobias House Consumer Grant Program	Covers quality of life expenses and complements government equipment funding	16 requests adding to a total of \$4,988

Accessibility for Ontarians with Disabilities Act (AODA) For a Barrier Free Future

The Accessibility for Ontarians with Disabilities Act, 2005 (AODA) is a law in Ontario. Its goal is to make Ontario more accessible for people with disabilities by 2025. Under the AODA standards are being developed that will identify, remove and prevent barriers for people with physical disabilities.

The first standard to come into affect has been on customer service. When a standard is approved by the government it becomes a regulation. The other standards to be implemented are on transportation, information, communications, buildings and employment. All organizations private, not-for-profit and designated public sector (these includes hospitals, universities, the Ministries of the Ontario Government, to list a few) must follow compliance timelines which vary depending on the specific standard and the size of the organization. For example, an agency such as Tobias House ,which has over fifty employees, must implement accessible formats and communication supports by 2016.

Disability under this Act is defined as in the Ontario Human Rights code and includes, in addition to physical disabilities, disabilities related to vision, hearing, intellectual and developmental, learning and mental health.

There are four core principles in AODA: **Dignity** (a person with a disability is to be treated as a customer and client, valued and deserving of effective and full service as any other customer); **Independence** (freedom to make your own choices, do things your own way); **Integration** (to fully benefit from the same services, in the same place and in the same or similar way as anyone else); **Equal Opportunity** (having the same chances, options, benefits and results as others).

These principles have been part of the very foundation of Tobias House. This can be seen clearly in our mission statement (back cover), in our commitment to the philosophy of independent living; also in our supporting people on ventilators, and in our aging at home commitment (among other practices). The Resource Centre services and programs (page 4) are a further testimony to the importance that these principles play a role in the work that we do.

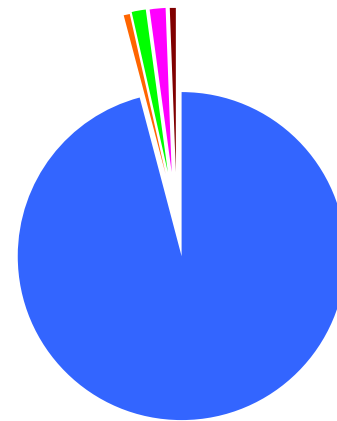
For more information on the Act visit <http://www.mcass.gov.on.ca/en/mcass/programs/accessibility/>

FINANCIAL INFORMATION

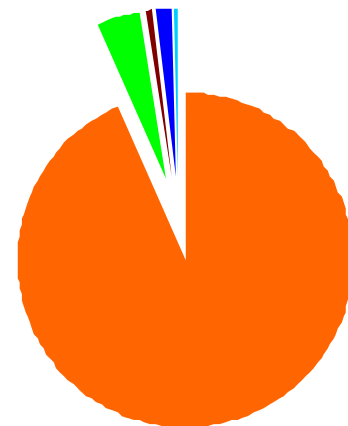
Balance Sheet

	March 31, 2013	March 31, 2012	April 1, 2011
Assets			
Current assets:			
Cash and cash equivalents	\$ 157,978	\$ 4,026	\$ 57,155
Accounts receivable	27,577	25,116	33,734
Prepaid expenses and deposits	51,221	45,152	47,246
	236,776	74,294	138,135
Capital assets	73,549	64,717	70,919
	\$ 310,325	\$ 139,011	\$ 209,054
Liabilities and Net Assets			
Current Liabilities:			
Accounts payable and accrued liabilities	\$ 185,873	\$ 186,539	\$ 237,930
Deferred contributions	166,967	41,045	23,235
	352,840	227,584	261,165
Deferred contributions related to capital assets	39,317	12,580	--
Net assets:			
Investment in capital assets	43,135	52,137	70,919
Internally restricted funds	13,367	7,467	7,467
Unrestricted	(138,334)	(160,757)	(130,497)
	(81,832)	(101,153)	(52,111)
	\$ 310,325	\$ 139,011	\$ 209,054

Statement of Revenues and Expenditures



REVENUES	
MOHLTC / TC LHIN	3,949,085
INCOME FROM PSW BRIDGING PROGRAM	18,204
OUTREACH PROGRAM	55,146
DONATIONS AND FUNDRAISING (RESOURCE CENTRE ACTIVITIES)	66,854
OTHER (INCL: AMORTIZATION & INTEREST)	27,886
TOTAL	4,117,175



EXPENDITURES	
SALARIES AND BENEFITS	3,822,846
ADMINISTRATION	172,137
AMORTIZATION	18,258
RENT	73,670
TRAINING	7,560
TRANSPORTATION	3,383
TOTAL	4,097,854

Keep on Swimming 2012-13

The generosity of our donors in making our “ask” fundraising campaign **Keep on Swimming 2012-13** a great success was much appreciated. Donor contributions go a long way to make it possible for our consumers to have an improved quality of life, greater choices and an independent lifestyle so often denied from persons with physical disabilities. Below we provide a breakdown of how the funds raised contributed directly to programs for consumers and how consumers benefit.

The *Barrier Free Access to Swimming Program* provides attendant care staff and equipment for accessible swimming at four City of Toronto swimming pools.

Benefits

- ◆ If it was not for this program I would never be able to swim again
- ◆ I was able to take my first steps in the water
- ◆ Better circulation; swelling reduction; increase strength and range of motion.
- ◆ Reduces pain in my back and neck. Creates opportunities. There are not many.
- ◆ Stay fit. Swimming is one of the few things I can do.
- ◆ I feel better; helps with my MS.

The *Tobias Fitness Program* provides weekly one-hour exercise classes. The program is offered at our Coxwell site.

Benefits

- ◆ A fitness centre is not an option for many people with physical disabilities
- ◆ The facilitator is patient, empathetic, polite
- ◆ My back is straighter
- ◆ Gets participants helping each other
- ◆ It gets people out of their home
- ◆ I am building up more strength which allows me to be more independent; gave me more confidence.
- ◆ Loved it. Motivated me to continue with stretches and exercises everyday.

The *Tobias House Grant Program for Consumers* provides grants to consumers to cover quality of life expenses and complementary funding for the purchase of assistive devices when government funding provides partial payments.

Benefits

- ◆ Our consumers were able to cover costs for equipment repairs, complementary funding for assistive devices, textbooks, travel, conference fees and related expenses, home maintenance, medical and swimming supplies totalling \$4,988.

A THANK YOU TO OUR DONORS

Patrons (\$5,000+)

Robert Blakely, CitiBank Canada, Zev Frishman, Greenfield Ethanol Inc.

Benefactors (\$1000-\$4,999)

Wayne Kozun, Stephen Mimee, MPIRE Real Estate, Rotary Club East York

Associates (\$250-\$999)

Helen & Gordon Armstrong, G.A. Christoff, Susan & Stewart Davidson, Desjardins Financial Security, Yona Frishman, Fr. Peter Knaapen, Frances MacNeil-Laflamme, Catherine Marsh, Anna Marziliano

Friends (Up to \$249)

Sal Badali, Anita Baker, Bonnie Beverley, Kenneth Bona, Susan Broad, Anne Bukovinsky, Susan Cavanagh, Gregory Coleman, Gloria Corrigan, Sylvester De Melo, Judy Denheyer, Eileen Donnelly-Casey, Ahren Estabrooks, Josie Fusca, Paul Halpern, Warren Laing, The Magnes Group Inc., Neil Mercer, Margaret Newell, Joan Pape, Paula Rusak, Eleanor Shannon, Lino Sienna, Stoyles Carpentry, Andrew Tomcik, Josephine Tse, Henry Valcheff, Jon Wagner, Patricia Walsh, Fran Wise, Janet Yukish

Funders and Partners

Access Apartments, Anne Johnston Health Station, Bellwoods Centres for Community Living, Birchmount Bluffs Neighborhood Centre, Centennial College, Centre for Independent Living in Toronto, City of Toronto Community Service Partnerships, City of Toronto Parks Forestry and Recreation, Ontario March of Dimes, North Yorkers for Disabled Persons, Pace Independent Living, Scadding Court Community Centre

... AND THANK YOU TO ALL OUR VOLUNTEERS

TOBIAS MANAGEMENT

The Board

The Executive

Stewart Davidson, President
Frances MacNeil-Laflamme, Vice-President
Anna Marziliano, Treasurer
David Meadows, Secretary

Members at Large:

Christie Ladner
Gaurav Marwaha
Neil Mercer
Christene Rowntree
Andrew Tomcik

The Team

Yona Frishman, Executive Director
Andrew Jardine, Senior Manager HR
Karen Shea, Finance & IS Manager
Constantine Iliopoulos, Resource Centre & Consumer Services Manager
Kiros Hiwot, Carlton/Jarvis Site Manager
Angelina Asante, Coxwell Site Manager, 2011-2013
Betsy de Boer, Coxwell Site Manager, November 2013
Rosie Isabella, On-Call Coordinator
Arlene Herbert, Administrative Coordinator

Locations

Carlton Street Staff Office

84 Carlton Street, Main Floor
Toronto, ON M5B 2P4
Phone: 416-921-0929

Tobias House

Resource Centre
600-695 Coxwell Ave
Toronto, ON M4C 5R6
Phone: 416-690-8804

Head Office

611-695 Coxwell Ave
Toronto, ON M4C 5R6
Phone: 416-690-3185

Coxwell Avenue Staff Office

511-695 Coxwell Ave
Toronto, ON M4C 5R6
Phone: 416-690-3185 x 231

Jarvis Street Staff Office

460 Jarvis Street, 4th Floor
Toronto, ON
M4Y 2G8
Phone: 416-921-1857

“To create opportunities for independence and choice of lifestyle by providing innovative 24-hour personal support services for individuals with physical disabilities.”

Our Mission Statement

Funding support for Tobias House
provided by



The information and the views expressed in this document are those of Tobias House and do not necessarily reflect those of the LHIN or the Government of Ontario.

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Charitable #: 13192 3286 RR0001

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